

BOOKING AND PRICES

The following prices are given in Norwegian kroner (NOK).
1 NOK is about 0,13 € (2007).

Campsite (own sleeping accommodations) 25 NOK
pr night, pr scout

Gapahuk 400 NOK
pr night

Main building
pr night

Single bed (bunk bed in shared bedroom) 100 NOK
Private bedroom with 2 beds 250 NOK
Private bedroom with 4 beds 500 NOK
Private bedroom with 6 beds 700 NOK

Stabburet 50 NOK
(mixed sexes) pr night

Please see our website for included facilities,
booking, and off-season prices.

Not included in our prices:

- Food
- Transportation

For more information and booking please see:

www.ingelsrud.no

or send an e-mail to ingelsrud@speiding.no

The Norwegian Guide and Scout Association
P.B. 6910 , St. Olavs plass
N-0130 Oslo

Phone: +47 22 99 22 30

We wish you a great stay at Ingelsrud!

LOCATION:



Please see our web site for more detailed descriptions.



INGELSRUD
GUIDE AND SCOUT CENTRE

WELCOME TO INGELSRUD - NORWAY -



INGELSRUD GUIDE AND SCOUT CENTRE

Some facts:

What...

We offer a wide range of activities at and around the scout centre. The facilities include a camp site with a toilet building, drinking water, indoor accommodation, a lake for swimming and canoeing, possibilities to order food from our local grocer, and of course the great Ingelsrud Experience.

Where...

Ingelsrud Guide and Scout Centre is located nearby a small town called Skotterud in Hedmark county close to the Swedish border. If you travel by car, Ingelsrud Guide and Scout Centre is 2 hours drive from Oslo and about 20 minutes from the Swedish small town Charlottenberg.

When...

The best time to visit Ingelsrud Guide and Scout Centre is from early June until late August. The Guide and Scout Centre will be served by volunteer staff during the weeks 28-32 in the summer of 2008. The camp site and buildings are available for rent the rest of the year as well, with or without staff.

Activities

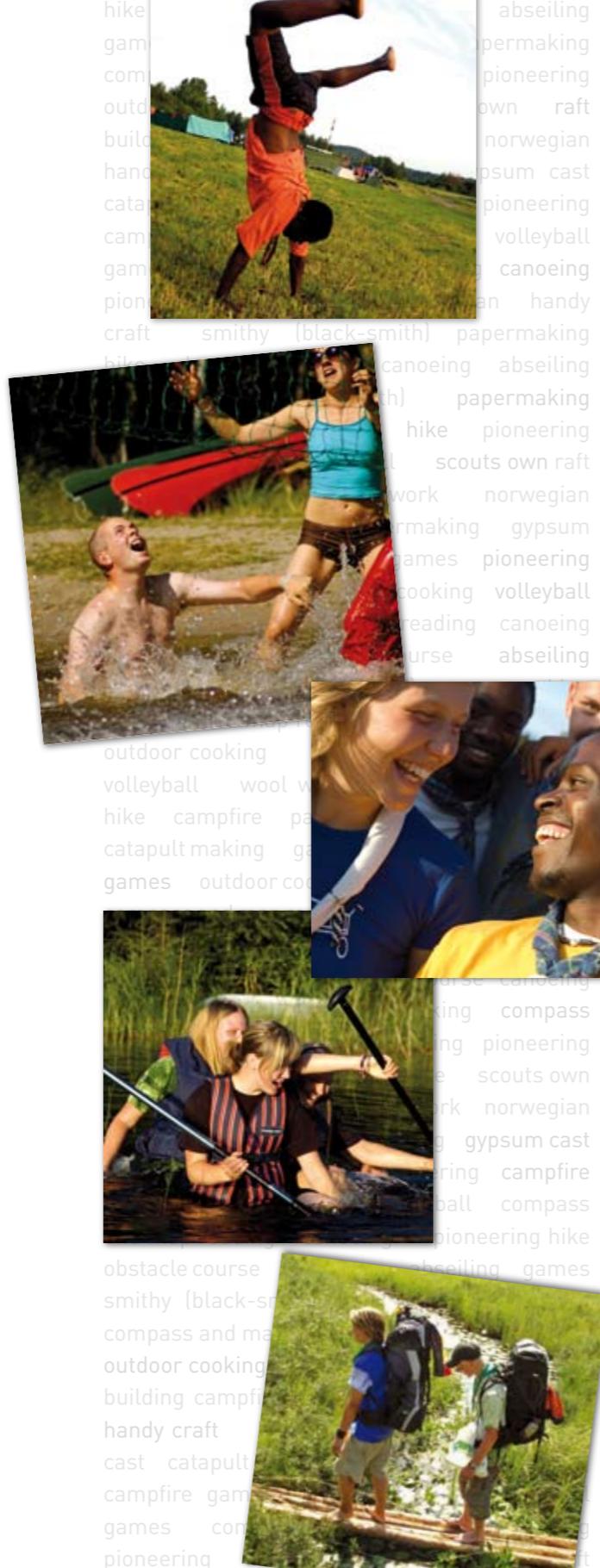
The activities are divided into five main groups based on the training programme offered by the Norwegian Guide and Scout Association and are linked to the scout method in different ways. At every given time there will be a wide range of activities offered. When you arrive at Ingelsrud you will be given the complete list of activities offered during your stay. Most of the activities are included in the camp fee (maximum two activities per patrol per day), but some special activities have a symbolic price.

The activity groups are:

-  Outdoor life
-  Community service
-  Friendship
-  Creativity
-  Quality of life

Challenge:

By completing one programme activity from each of the five activity groups, you qualify to get the special **Ingelsrud Experience Badge**.



Buildings

Ingelsrud has several buildings, providing about 60 beds.

Hovedhuset (the main building) offers 22 beds (2-6 beds per room), a kitchen, a living room and five bathrooms with showers. It also offers a conference room for 30 guests. During the summer season it is possible to rent either a room or a single bed in the building. The rest of the year it is for let as one unit only.

Stabburet is an old storehouse transformed into a dormitory for about 40 scouts. It also has a small living room.

Låven (the barn) houses Gildehallen (the Guild Hall) which is a large cafeteria/conference room with seating for about 100 people. A large kitchen is connected to Gildehallen. Some of the other rooms in the barn may be used as meeting rooms for up to 8 people. Some of the indoor activities will take place here.

A small **chapel** was put up during spring 2005, and here you can have your personal prayer or arrange a small service for your group. The chapel has a beautiful view of the Ingelsrud Lake and the campsite.

Gapahuk is a small traditional Norwegian outdoors shelter. We have two of them located in beautiful surroundings by a small lake, at about 15 minutes walk from the main campsite. It is possible to rent them for one night at a time. Each Gapahuk has a room for about 6-8 scouts each.

Campsite

Ingelsrud Guide and Scout Centre is well suited for all types of camps during the summer, and for weekend camps throughout the year. Today, Ingelsrud is the base for several different theme camps, wilderness camps, camps with water activities and hiking camps.

Our campsite is situated nearby the main building and is suitable for both small and big groups. On the campsite, there is a toilet house with 10 toilets.

Drinking water is provided several places around the campsite.

Other facilities

Scouts and guides at the campsite are recommended to take a refreshing swim in the Ingelsrud Lake. A dedicated beach is available for this purpose.

Different areas for campfires are available upon request. Firewood can be supplied.

Construction wood for pioneering can be provided upon request.

It is possible to order a selection of food from our local grocer. If you require special diets please let us know in advance so we can pre-order it for you.



Skogvokterne (Forrest Guards)

At the moment, a large group of venture scouts are running Ingelsrud Guide and Scout Centre. They are volunteers from 16 to 35 years old and have very different backgrounds: carpenters, chefs, computer engineers, electricians, teachers, plumbers, mechanical engineers, nurses, etc. Due to this Ingelsrud is developing rapidly and Skogvokterne are prepared to take on bigger events and challenges at any time. This means your scout group will be served by the best when visiting Ingelsrud Guide and Scout Centre!